SECOND PART OF THE SECOND PART, QUESTION 136

Of Patience

(In Five Articles)

We must now consider patience. Under this head there are five points of inquiry:

- (1) Whether patience is a virtue?
- (2) Whether it is the greatest of the virtues?
- (3) Whether it can be had without grace?
- (4) Whether it is a part of fortitude?
- (5) Whether it is the same as longanimity?

Whether patience is a virtue?

Objection 1. It seems that patience is not a virtue. For equ the virtues are most perfect in heaven, as Augustine says (De Trin. xiv). Yet patience is not there, since no evils have to be borne there, according to Is. 49:10 and Apoc. 7:16, "They shall not hunger nor thirst, neither shall the heat nor the sun strike them." Therefore patience is not a virtue.

Objection 2. Further, no virtue can be found in the wicked, since virtue it is "that makes its possessor good." Yet patience is sometimes found in wicked men; for instance, in the covetous, who bear many evils patiently that they may amass money, according to Eccles. 5:16, "All the days of his life he eateth in darkness, and in many cares, and in misery and in sorrow." Therefore patience is not a virtue.

Objection 3. Further, the fruits differ from the virtues, as stated above (Ia IIae, q. 70, a. 1, ad 3). But patience is reckoned among the fruits (Gal. 5:22). Therefore patience is not a virtue.

On the contrary, Augustine says (De Patientia i): "The virtue of the soul that is called patience, is so great a gift of God, that we even preach the patience of Him who bestows it upon us."

I answer that, As stated above (q. 123, a. 1), the moral virtues are directed to the good, inasmuch as they safeguard the good of reason against the impulse of the passions. Now among the passions sorrow is strong to hinder the good of reason, according to 2 Cor. 7:10, "The sorrow of the world worketh death," and Ecclus. 30:25, "Sadness hath killed many, and there is no profit in it." Hence the necessity for a virtue to safeguard the good of reason against sorrow, lest reason give way to sorrow: and this patience does. Wherefore Augustine says (De Patientia ii): "A man's patience it is whereby he bears evil with an equal mind," i.e. without being disturbed by sorrow, "lest he abandon with an unequal mind the goods whereby he may advance to better things." It is therefore evident that patience is a virtue.

Reply to Objection 1. The moral virtues do not remain in heaven as regards the same act that they have on the way, in relation, namely, to the goods of the present life, which will not remain in heaven: but they will remain in their relation to the end, which will be in heaven. Thus justice will not be in heaven in relation to buying and selling and other matters pertaining to the present life, but it will remain in the point of being subject to God. In like manner the act of patience, in heaven, will not consist in bearing things, but in enjoying the goods to which we had aspired by suffering. Hence Augustine says (De Civ. Dei xiv) that "patience itself will not be in heaven, since there is no need for it except where evils have to be borne: yet that which we shall obtain by patience will be eternal."

Reply to Objection 2. As Augustine says (De Patientia ii; v) "properly speaking those are patient who would rather bear evils without inflicting them, than inflict them without bearing them. As for those who bear evils that they may inflict evil, their patience is neither marvelous nor praiseworthy, for it is no patience at all: we may marvel at their hardness of heart, but we must refuse to call them patient."

Reply to Objection 3. As stated above (Ia IIae, q. 11, a. 1), the very notion of fruit denotes pleasure. And works of virtue afford pleasure in themselves, as stated in Ethic. i, 8. Now the names of the virtues are wont to be applied to their acts. Wherefore patience as a habit is a virtue. but as to the pleasure which its act affords, it is reckoned a fruit, especially in this, that patience safeguards the mind from being overcome by sorrow.

IIa IIae q. 136 a. 1

Whether patience is the greatest of the virtues?

Objection 1. It seems that patience is the greatest of the virtues. For in every genus that which is perfect is the greatest. Now "patience hath a perfect work" (James 1:4). Therefore patience is the greatest of the virtues.

Objection 2. Further, all the virtues are directed to the good of the soul. Now this seems to belong chiefly to patience; for it is written (Lk. 21:19): "In your patience you shall possess your souls." Therefore patience is the greatest of the virtues.

Objection 3. Further, seemingly that which is the safeguard and cause of other things is greater than they are. But according to Gregory (Hom. xxxv in Evang.) "patience is the root and safeguard of all the virtues." Therefore patience is the greatest of the virtues.

On the contrary, It is not reckoned among the four virtues which Gregory (Moral. xxii) and Augustine (De Morib. Eccl. xv) call principal.

I answer that, Virtues by their very nature are directed to good. For it is virtue that "makes its possessor good, and renders the latter's work good" (Ethic. ii, 6). Hence it follows that a virtue's superiority and preponderance over other virtues is the greater according as it inclines man to good more effectively and directly. Now those virtues which are effective of good, incline a man more directly to good than those which are a check on the things which lead man away from good: and just as among those that are effective of good, the greater is that which establishes man in a greater good (thus faith, hope, and charity /are greater than prudence and justice); so too

among those that are a check on things that withdraw man from good, the greater virtue is the one which is a check on a greater obstacle to good. But dangers of death, about which is fortitude, and pleasures of touch, with which temperance is concerned, withdraw man from good more than any kind of hardship, which is the object of patience. Therefore patience is not the greatest of the virtues, but falls short, not only of the theological virtues, and of prudence and justice which directly establish man in good, but also of fortitude and temperance which withdraw him from greater obstacles to good.

Reply to Objection 1. Patience is said to have a perfect work in bearing hardships: for these give rise first to sorrow, which is moderated by patience; secondly, to anger, which is moderated by meekness; thirdly, to hatred, which charity removes; fourthly, to unjust injury, which justice forbids. Now that which removes the principle is the most perfect.

Yet it does not follow, if patience be more perfect in this respect, that it is more perfect simply.

Reply to Objection 2. Possession denotes undisturbed ownership; wherefore man is said to possess his soul by patience, in so far as it removes by the root the passions that are evoked by hardships and disturb the soul.

Reply to Objection 3. Patience is said to be the root and safeguard of all the virtues, not as though it caused and preserved them directly, but merely because it removes their obstacles.

Whether it is possible to have patience without grace?

Objection 1. It seems that it is possible to have patience without grace. For the more his reason inclines to a thing, the more is it possible for the rational creature to accomplish it. Now it is more reasonable to suffer evil for the sake of good than for the sake of evil. Yet some suffer evil for evil's sake, by their own virtue and without the help of grace; for Augustine says (De Patientia iii) that "men endure many toils and sorrows for the sake of the things they love sinfully." Much more, therefore, is it possible for man, without the help of grace, to bear evil for the sake of good, and this is to be truly patient.

Objection 2. Further, some who are not in a state of grace have more abhorence for sinful evils than for bodily evils: hence some heathens are related to have endured many hardships rather than betray their country or commit some other misdeed. Now this is to be truly patient. Therefore it seems that it is possible to have patience without the help of grace.

Objection 3. Further, it is quite evident that some go

through much trouble and pain in order to regain health of the body. Now the health of the soul is not less desirable than bodily health. Therefore in like manner one may, without the help of grace, endure many evils for the health of the soul, and this is to be truly patient.

On the contrary, It is written (Ps. 61:6): "From Him," i.e. from God, "is my patience."

I answer that, As Augustine says (De Patientia iv), "the strength of desire helps a man to bear toil and pain: and no one willingly undertakes to bear what is painful, save for the sake of that which gives pleasure." The reason of this is because sorrow and pain are of themselves displeasing to the soul, wherefore it would never choose to suffer them for their own sake, but only for the sake of an end. Hence it follows that the good for the sake of which one is willing to endure evils, is more desired and loved than the good the privation of which causes the sorrow that we bear patiently. Now the fact that a man prefers the good of grace to all natural goods, the loss of which may cause sorrow, is to be referred to charity, which loves God above all things. Hence it is evident that patience, as a virtue, is caused by charity, according to 1 Cor. 13:4, "Charity is patient."

But it is manifest that it is impossible to have charity save through grace, according to Rom. 5:5, "The charity of God is poured forth in our hearts by the Holy Ghost Who is given to us." Therefore it is clearly impossible to have patience without the help of grace.

Reply to Objection 1. The inclination of reason would prevail in human nature in the state of integrity. But in corrupt nature the inclination of concupiscence prevails, because it is dominant in man. Hence man is more prone to bear evils for the sake of goods in which the concupiscence delights here and now, than to endure evils for the sake of goods to come, which are desired in accordance with reason: and yet it is this that pertains to true patience.

Reply to Objection 2. The good of a social virtue* is commensurate with human nature; and consequently the human will can tend thereto without the help of sanctifying grace, yet not without the help of God's grace[†]. On the other hand, the good of grace is supernatural, wherefore man cannot tend thereto by a natural virtue. Hence the comparison fails.

Reply to Objection 3. Even the endurance of those evils which a man bears for the sake of his body's health, proceeds from the love a man naturally has for his own flesh. Hence there is no comparison between this endurance and patience which proceeds from a supernatural love.

Whether patience is a part of fortitude?

Objection 1. It seems that patience is not a part of fortitude. For a thing is not part of itself. Now patience is apparently the same as fortitude: because, as stated above (q. 123, a. 6), the proper act of fortitude is to endure; and this belongs also to patience. For it is stated in the Liber Sententiarum Prosperi[‡] that "patience consists in enduring evils inflicted by others." Therefore patience is not a part of fortitude.

Objection 2. Further, fortitude is about fear and daring, as stated above (q. 123, a. 3), and thus it is in the irascible. But patience seems to be about sorrow, and consequently would seem to be in the concupiscible. Therefore patience is not a part of fortitude but of temperance.

Objection 3. Further, the whole cannot be without its part. Therefore if patience is a part of fortitude, there can be no fortitude without patience. Yet sometimes a brave man does not endure evils patiently, but even attacks the person who inflicts the evil. Therefore patience is not a part of fortitude.

On the contrary, Tully (De Invent. Rhet. ii) reckons it a part of fortitude.

I answer that, Patience is a quasi-potential part of fortitude, because it is annexed thereto as secondary to principal virtue. For it belongs to patience "to suffer with an equal mind the evils inflicted by others," as Gregory says in a homily (xxxv in Evang.). Now of those evils that are inflicted by others, foremost and most difficult to endure are those that are connected with the danger of death, and about these evils fortitude is concerned. Hence it is clear that in this matter fortitude has the principal place, and that it lays claim to that which is principal in this matter. Wherefore patience is annexed to fortitude as secondary to principal virtue, for which reason Prosper calls patience brave (Sent. 811).

Reply to Objection 1. It belongs to fortitude to endure, not anything indeed, but that which is most difficult to endure, namely dangers of death: whereas it may pertain to patience to endure any kind of evil.

IIa IIae q. 136 a. 4

Reply to Objection 2. The act of fortitude consists not only in holding fast to good against the fear of future dangers, but also in not failing through sorrow or pain occasioned by things present; and it is in the latter respect that patience is akin to fortitude. Yet fortitude is chiefly about fear, which of itself evokes flight which fortitude avoids; while patience is chiefly about sorrow, for a man is said to be patient, not because he does not fly, but because he behaves in a praiseworthy manner by suffering [patiendo] things which hurt him here and now, in such a way as not to be inordinately saddened by them. Hence fortitude is properly in the irascible, while patience is in the concupiscible faculty.

Nor does this hinder patience from being a part of fortitude, because the annexing of virtue to virtue does not regard the subject, but the matter or the form. Nevertheless patience is not to be reckoned a part of temperance, although both are in the concupiscible, because temperance is only about those sorrows that are opposed to pleasures of touch, such as arise through abstinence from pleasures of food and sex: whereas patience is chiefly about sorrows inflicted by other persons. Moreover it belongs to temperance to control these sorrows besides their contrary pleasures: whereas it belongs to patience that a man forsake not the good of virtue on account of such like sorrows, however great they be.

Reply to Objection 3. It may be granted that patience in a certain respect is an integral part of justice, if we

^{*} Cf. Ia IIae, q. 61, a. 5 [†] Cf. Ia IIae, q. 109, a. 2 [‡] The quotation is from St. Gregory, Hom. xxxv in Evang.

consider the fact that a man may patiently endure evils pertaining to dangers of death; and it is from this point of view that the objection argues. Nor is it inconsistent with patience that a man should, when necessary, rise up against the man who inflicts evils on him; for Chrysostom[§] says on Mat. 4:10, "Begone Satan," that "it is praiseworthy to be patient under our own wrongs, but to endure God's wrongs patiently is most wicked": and Augustine says in a letter to Marcellinus (Ep. cxxxviii) that "the precepts of patience are not opposed to the good of the commonwealth, since in order to ensure that good we fight against our enemies." But in so far as patience regards all kinds of evils, it is annexed to fortitude as secondary to principal virtue.

Whether patience is the same as longanimity?*

Objection 1. It seems that patience is the same as longanimity. For Augustine says (De Patientia i) that "we speak of patience in God, not as though any evil made Him suffer, but because He awaits the wicked, that they may be converted." Wherefore it is written (Ecclus. 5:4): "The Most High is a patient rewarder." Therefore it seems that patience is the same as longanimity.

Objection 2. Further, the same thing is not contrary to two things. But impatience is contrary to longanimity, whereby one awaits a delay: for one is said to be impatient of delay, as of other evils. Therefore it seems that patience is the same as longanimity.

Objection 3. Further, just as time is a circumstance of wrongs endured, so is place. But no virtue is distinct from patience on the score of place. Therefore in like manner longanimity which takes count of time, in so far as a person waits for a long time, is not distinct from patience.

Objection 4. On the contrary, a gloss[†] on Rom. 2:4, "Or despisest thou the riches of His goodness, and patience, and longsuffering?" says: "It seems that longanimity differs from patience, because those who offend from weakness rather than of set purpose are said to be borne with longanimity: while those who take a deliberate delight in their crimes are said to be borne patiently."

I answer that, Just as by magnanimity a man has a mind to tend to great things, so by longanimity a man has a mind to tend to something a long way off. Wherefore as magnanimity regards hope, which tends to good, rather than daring, fear, or sorrow, which have evil as their object, so also does longanimity. Hence longanimity has more in common with magnanimity than with patience.

Nevertheless it may have something in common with patience, for two reasons. First, because patience, like fortitude, endures certain evils for the sake of good, and if this good is awaited shortly, endurance is easier: whereas if it be delayed a long time, it is more difficult. Secondly, because the very delay of the good we hope for, is of a nature to cause sorrow, according to Prov. 13:12, "Hope that is deferred afflicteth the soul." Hence there may be patience in bearing this trial, as in enduring any other sorrows. Accordingly longanimity and constancy are both comprised under patience, in so far as both the delay of the hoped for good (which regards longanimity) and the toil which man endures in persistently accomplishing a good work (which regards constancy) may be considered under the one aspect of grievous evil.

For this reason Tully (De Invent. Rhet. ii) in defining patience, says that "patience is the voluntary and prolonged endurance of arduous and difficult things for the sake of virtue or profit." By saying "arduous" he refers to constancy in good; when he says "difficult" he refers to the grievousness of evil, which is the proper object of patience; and by adding "continued" or "long lasting," he refers to longanimity, in so far as it has something in common with patience.

This suffices for the Replies to the First and Second Objections.

Reply to Objection 3. That which is a long way off as to place, though distant from us, is not simply distant from things in nature, as that which is a long way off in point of time: hence the comparison fails. Moreover, what is remote as to place offers no difficulty save in the point of time, since what is placed a long way from us is a long time coming to us.

We grant the fourth argument. We must observe, however, that the reason for the difference assigned by this gloss is that it is hard to bear with those who sin through weakness, merely because they persist a long time in evil, wherefore it is said that they are borne with longanimity: whereas the very fact of sinning through pride seems to be unendurable; for which reason those who sin through pride are stated to be borne with patience.

IIa IIae q. 136 a. 5

[§] Homily v. in the Opus Imperfectum, falsely ascribed to St. John Chrysostom * Longsuffering. It is necessary to preserve the Latin word, on account of the comparison with magnanimity. [†] Origen, Comment. in Ep. ad Rom. ii